

**NHM Kollam – Selection cum Screening test for Ayurveda Medical Officers – 28/04/2017**

**Candidate No:** \_\_\_\_\_

**Invigilator's Signature:** \_\_\_\_\_

1. Geethu Anna Jose, the Malayalee sports-person won the Arjuna Award in 2014 for
- Volleyball
  - Athletics
  - Basketball
  - Cricket

Answer: \_\_\_\_\_

5. The headquarters of Food and Agricultural Organisation, an UN agency is at
- Rome
  - New York
  - Geneva
  - Berlin

Answer: \_\_\_\_\_

2. Which of the following is associated with delivery of quality healthcare through Government hospitals in Kerala
- Aardram Mission
  - Harithakeralam Mission
  - Life Mission
  - Jeevanam Mission

Answer: \_\_\_\_\_

6. All of the following were recipients of the Nobel Prize **except**
- Mother Teresa
  - Dalai Lama
  - Mohandas Karamchand Gandhi
  - Rabindranath Tagore

Answer: \_\_\_\_\_

3. The National Film Award for Best Actor in 2016 was won by
- Akshay Kumar
  - Mohanlal
  - Amitabh Bachchan
  - Dhanush

Answer: \_\_\_\_\_

7. 'Kuchelavritam Vanchipattu' was authored by
- Kunchan Nambiar
  - Unnayi Warriar
  - Ramapurathu Warriar
  - Swathi Tirunal Rama Varma

Answer: \_\_\_\_\_

4. Primary education was made compulsory in Travancore by
- Rani Gauri Parvathi Bhai
  - Raja Ravi Varma
  - Sree Moolam Thirunal
  - Sree Chithira Thirunal

Answer: \_\_\_\_\_

8. Edackal caves are situated in
- Kannur District
  - Kasaragod District
  - Wayanad District
  - Malappuram District

Answer: \_\_\_\_\_

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9. Who is the present Governor of Reserve Bank of India?

- a) Shri C Rangarajan
- b) Shri Raghuram Rajan
- c) Shri P Sadasivam
- d) Shri Urjit Patel

Answer: \_\_\_\_\_

10. In Primi Gravida quickening occurs at

- a) 16 weeks
- b) 18 weeks
- c) 20 weeks
- d) 22 weeks

Answer: \_\_\_\_\_

11. Fine Needle Aspiration Cytology (FNAC) is contraindicated in

- a) Thyroid swelling
- b) Breast lump
- c) Lymph Node swelling
- d) Testicular swelling

Answer: \_\_\_\_\_

12. The fees offered to a witness under compulsion of a summons in a civil case to cover the traveling expenses is called

- a) Conduct Money
- b) Dearness Allowance
- c) Incidental Allowance
- d) Special Allowance

Answer: \_\_\_\_\_

13. Which of the following is a Zoonosis

- a) Yaws
- b) Leptospirosis
- c) Chicken Pox
- d) Dengue

Answer: \_\_\_\_\_

14. In the current National immunisation schedule, the vaccine given at 1 ½ months

- a) Measles Vaccine
- b) Pentavalent Vaccine
- c) Rubella vaccine
- d) Rota Virus vaccine

Answer: \_\_\_\_\_

15. 'Hair on End' appearance is a radiological sign in

- a) Thallasemia Major
- b) Osteosarcoma
- c) Fluorosis
- d) Multiple Myeloma

Answer: \_\_\_\_\_

16. 'Sn' is the symbol of

- a) Swarnam
- b) Rajatham
- c) Vangam
- d) Nagam

Answer: \_\_\_\_\_

17. Cerebrospinal fluid is mainly secreted by

- a) Arachnoid Granulations
- b) Periaqueductal grey matter
- c) Choroid Plexus
- d) Pituitary gland

Answer: \_\_\_\_\_

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18. Baroreceptor stimulation leads to
- Increased Blood pressure & Heart Rate
  - Decreased Blood pressure & Heart Rate
  - Increased intracranial tension
  - Decreased intracranial tension

Answer: \_\_\_\_\_

19. Which is **NOT** a property of Normal Curve
- Bell shaped
  - Also called as Gaussian Curve
  - Mean = 1, Standard Deviation = 0
  - Mean, Median & Mode coincide

Answer: \_\_\_\_\_

20. 'Nari Vivikta Priyata' is the Lakshana of
- Vataja Unmada
  - Pittaja Unmada
  - Kafaja Unmada
  - Sannipatika Unmada

Answer: \_\_\_\_\_

21. Which of the following is used in Anjana of Apasmara as per Charaka Samhitha?
- Avi mutra
  - Vaji mutra
  - Gomutra
  - Bast mutra

Answer: \_\_\_\_\_

22. Astanga Lavanam is indicated in
- Vataja madatyayam
  - Pittaja Madatyayam
  - Kaphaja Madatyayam
  - All of the above

Answer: \_\_\_\_\_

23. According to Sushruta, 'Raja' is formed from Rasadhātu in
- 7 days
  - 1 month
  - 1 year
  - 12 years

Answer: \_\_\_\_\_

24. The predominant 'Tanmatra' for 'Prithvi Mahabhūta' is
- Sabdha
  - Sparsha
  - Gandha
  - Rasa

Answer: \_\_\_\_\_

25. Ekakarmaja, Dwandakarmaja and Sarvakarmaja are related to
- Yukti
  - Parimana
  - Samyoga
  - Vibhaga

Answer: \_\_\_\_\_

26. No of 'Tatvas' accepted by Yoga Darsana
- 3
  - 7
  - 16
  - 25

Answer: \_\_\_\_\_

27. 'Manas' comes under
- Jnanendriya
  - Karmendriya
  - Ubhayendriya
  - None of the above

Answer: \_\_\_\_\_

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28. 'Tattva Pradipika' is a commentary on

- a) Charaka Samhitha
- b) Susrutha Samhitha
- c) Ashtanga Hridaya
- d) Ashtanga Samgraha

Answer: \_\_\_\_\_

29. Ksara karma is contraindicated in

- a) Rakta Pitta
- b) Jwara
- c) Murcha
- d) All of the above

Answer: \_\_\_\_\_

30. Tantra Yukties are borrowed from

- a) Mahabharatha
- b) Tarka Samgraha
- c) Artha Sasthra
- d) Bhagavath Gita

Answer: \_\_\_\_\_

31. Rasa Parpati was introduced for the first time in Kalpa form by

- a) Sivadas Sen
- b) Gananath Sen
- c) Chakrapani Datta
- d) Kaviraj Gangadhara Sen

Answer: \_\_\_\_\_

32. Drug of choice in Kandu

- a) Ayapara
- b) Amlavetasa
- c) Amragandhi haridra
- d) Giriparbata

Answer: \_\_\_\_\_

33. Vedamukhya is the synonym for

- a) Gandhamarjaram
- b) Kasturi
- c) Latakasturi
- d) Karpooram

Answer: \_\_\_\_\_

34. The rasa present in Guggulu

- a) Katu, Tiktha
- b) Amla, Lavana
- c) Madhura, Kashaya
- d) Tiktha, Kashaya

Answer: \_\_\_\_\_

35. General dose of Phanta as per Sarangadhara

- a) 4 Palas
- b) 2 Palas
- c) 7 Palas
- d) 1 Pala

Answer: \_\_\_\_\_

36. Boneless meat is used to prepare

- a) Putapaka rasa
- b) Vesavara
- c) Morata
- d) Kilata

Answer: \_\_\_\_\_

37. Types of Bala as per Charaka Samhitha

- a) Pravara, madhyama, Avara
- b) Ati, Madhyama, Hina
- c) Uthama, Madhyama, Adhama
- d) Sahaja, Kalaja, Yuktikrita

Answer: \_\_\_\_\_

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38. Injury to Vidhura marma leads to

- a) Aphasia
- b) Deafness
- c) Blindness
- d) Death

Answer: \_\_\_\_\_

39. The following drug is used in Sutika Roga

- a) Kumaryasava
- b) Jirkarishta
- c) Candanasava
- d) Dantadyarishta

Answer: \_\_\_\_\_

40. Useful part of Vatsanabhi

- a) Mula
- b) Patra
- c) Pushpa
- d) All the above

Answer: \_\_\_\_\_

41. Parinama Vada is proposed by

- a) Nyaya Darshana
- b) Samkhya Darshana
- c) Vedanta Darshana
- d) Vaisheshika Darshana

Answer: \_\_\_\_\_

42. According to Susruta deep rooted doshas are managed by Raktamoshana using

- a) Siraavyadha
- b) Jalauka
- c) Alabu
- d) Venous Cut down

Answer: \_\_\_\_\_

43. Which Vayu is vitiated in Kasa

- a) Prana
- b) Udara
- c) Both a and b
- d) Samana

Answer: \_\_\_\_\_

44. Which Bhasma is advised in Madhumeha

- a) Rajata Bhasma
- b) Loha Bhasma
- c) Sringa bhasma
- d) Trivanga Bhasma

Answer: \_\_\_\_\_

45. Which of the following is not a type of Sandhi Bhagna

- a) Utpista
- b) Vislista
- c) Vivartita
- d) Piccita

Answer: \_\_\_\_\_

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46. The main Dosa in Pandu is/are

- a) Vata Pitta
- b) Pitta Kapha
- c) Pitta
- d) Kapha

Answer: \_\_\_\_\_

50. Treatment of Krimi Roga

- a) Prakriti vighatam
- b) Apakarsanam
- c) Nidana Parivarjanam
- d) All of the above

Answer: \_\_\_\_\_

47. Kukkutananda Twak Bhasma is mainly indicated in

- a) Sweta Kusta
- b) Sweta Pradara
- c) Somaroga
- d) Rakta Pradara

Answer: \_\_\_\_\_

48. Masuri type of Sastra dhara is used for

- a) Lekhana Karma
- b) Chedana karma
- c) Bhedana Karma
- d) Visravana Karma

Answer: \_\_\_\_\_

49. The Parpati used in jwara is

- a) Swetha Parpati
- b) Malla Parpati
- c) Tamra Parpati
- d) All of the above

Answer: \_\_\_\_\_