

Non communicable life style diseases pose a huge threat to the nation's public health system both in terms of morbidity, mortality and economic burden it imposes. In order to address one of the greatest public health challenges, the state NRHM has designed a non communicable diseases prevention and control programme in the state – which is the first of its kind in the country- and successfully pilot tested in a taluk of Trivandrum district and whole of Wayanad district. The essential component of this programme is ASHA service and from there on the NRHM machinery working together with state health service system at various levels.

This programme has been pilot tested in 2008-09 in a Neyyattinkara Taluk in Trivandrum district and in Wayanad district and was proved successful in improving the efficiency, accessibility and equity in non communicable diseases care in the pilot Taluk and Wayanadu district.

During 2010-2011 year we have planned to expand the project to the whole of Trivandrum district. The NCD programme has been operational in Wayanad district in 2008-09 and we would like to continue the programme in the coming year as well.